

汤淑兰 (Shulan Tang)

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教育经历

1979-1984 年: 南京中医药大学 中医系 学士

1984-1987 年: 北京中医药大学方剂专业硕士研究生, 师从国医大师王绵之教授

1988-1991 年, 南京东南大学医院中医科, 主治医师

1991 年至今, 英国兰中医学院院长、教授

1991 年至今, 英国兰中医诊所和金兰禾田中医诊所, 主任医师

Education & Early Career

- 1979–1984: Bachelor of Medicine, Nanjing University of Chinese Medicine.
- 1984–1987: Master of Medicine (TCM Formulas), Beijing University of Chinese Medicine; mentored by National TCM Master, Professor Wang Mianzhi.
- 1988–1991: Attending Physician, TCM Department, Southeast University Hospital, Nanjing.
- 1991–Present: Relocated to the UK; serves as Principal of Shulan College of Chinese Medicine and Chief Physician at Shulan Clinic and Golden Health Clinic.

个人简介

汤淑兰教授于 1984 年毕业于南京中医药大学中医系本科, 1987 年毕业于北京中医药大学方剂专业硕士, 从师于国医大师王绵之教授。1988-1991 在南京东南大学医院中医科主任医师。汤淑兰教授于 1991 年移居英国曼彻斯特, 一直从事中医临床和教学工作。创立英国兰学院和英国兰中医诊所、金兰禾田中医诊所, 被评为第二届海外中医国医大师。

现任英国兰中医学院院长、中国-英国中医药中心主任, 南京中医药大学欧洲校友会会长, 南京中医药大学和安徽中医药大学客座教授和博士生导师、北京中医药大学临床特聘专家, 世界针灸学会联合会理事会执委, 世界中医药学会联合会理事会执委, 全欧洲中医药专家学会副会长, 第二届海外国医大师。世界中联妇科专业委员会副会长, 世界中联中医主任医师, 世界中医药学会中医妇科专业委员会、儿科专业委员会和治未病专业委员会副会长, 世界中联国际中医主任医师, 英国针灸协会、英国中药注册协会、英国皇家医学院资深会员。发表学术论文七十余篇, 主编和合作主编中医专著数部。

汤教授是中医治疗的临床大家和海外中医教育家，她在中医妇、内、儿、皮肤、新冠后遗症及各种疑难杂症均有独特疗效；对中药学、方剂学、中医妇科学、中医儿科学、温病学等，具有中英文教学的丰富经验，并根据现人的体质特点和常见病，创立了系列中成药，对中医妇科学、内科学、儿科学、五官科及皮肤病学的理论和临床研究均有独特的见地。

Professor Shulan Tang: A Biographical Overview

Professor Shulan Tang graduated from Nanjing University of Chinese Medicine in 1984 and earned her master's degree in TCM Formulas from Beijing University of Chinese Medicine in 1987, studying under the renowned National TCM Master, Professor Wang Mianzhi. After serving as Chief Physician at Southeast University Hospital (1988–1991), she moved to Manchester, UK, where she has spent over 30 years in clinical practice and education. She founded the Shulan College of TCM and the Shulan and Jin Lan He Tian TCM Clinics and was honored as a "Second Session Overseas TCM Master."

Current Leadership & Academic Roles:

- President of the Shulan College of TCM (UK) and Director of the China-UK TCM Centre.
- President of the Nanjing University of Chinese Medicine European Alumni Association.
- Visiting Professor and PhD Supervisor at Nanjing and Anhui Universities of Chinese Medicine, and Distinguished Clinical Expert at BUCM.
- Executive Member of the Board for the World Federation of Acupuncture-Moxibustion Societies (WFAS) and the World Federation of Chinese Medicine Societies (WFCMS).
- Vice President of the Association of Experts in TCM in Europe and various WFCMS specialist committees (Gynecology, Pediatrics, and Preventive Medicine).
- Senior Fellow of the British Acupuncture Council (BAcC), the Register of Chinese Herbal Medicine (RCHM), and the Royal Society of Medicine (RSM).

Professor Tang is highly regarded for her therapeutic success in gynaecology, internal medicine, paediatrics, dermatology, Long COVID, and complex diseases. She possesses extensive bilingual teaching experience in Materia Medica, Formulas, and Seasonal Febrile Diseases. Based on her research into modern physical constitutions, she developed a proprietary series of Chinese patent medicines. Her scholarly work includes over 70 academic papers and several authoritative TCM monographs, establishing her as a leading authority in both the theoretical and clinical advancement of Chinese medicine.

学术经历

《中国针灸》杂志编委，《世界中医药针灸杂志》编委，《世界中医药》瑞士版编委会副主任委员等。世界中医教育核心教材《中医妇科学》副主编，《中医治疗不孕症》第二主编，《中成药手册》主编，《新编实用中医文库》中英对照 14 册国际顾问，中国中医药出版社国际中医药教育与海外出版专家委员会委员，发表学术论文 70 余篇。

Editorial & Academic Contributions

- Editorial Boards: Serving as an Editorial Board Member for *Chinese Acupuncture & Moxibustion* and the *World Journal of Acupuncture-Moxibustion*; Deputy Chair of the Editorial Board for *World Chinese Medicine* (Swiss Edition).
- Associate Editor: *TCM Gynecology* (a core textbook for international TCM education).
- Co-Editor-in-Chief: *Understanding, Managing, and Treating Female Infertility with Chinese Medicine* (2025).
- Editor-in-Chief: *Chinese Herbal Patents Handbook*.
- International Consultant: *New Practical TCM Library* (a 14-volume Chinese-English bilingual series).
- Member of the Expert Committee on International TCM Education and Overseas Publishing.
- Published over 70 academic papers in specialized journals.

个人成就

1. 海外中医教育及文化推广方面贡献及成就

1991 年至今，在英国，爱尔兰，波兰，荷兰，德国等多国讲学传播弘扬中医在世界影响力。已培养近千名外籍中医师，数十位海外中医硕士，博士生。受到过中央电视台，人民日报，光明日报，中国青年报，人民网，光明网，欧洲时报，凤凰卫视欧洲台、加拿大枫华资讯与其他中国地方电视台等报社媒体采访报道。

2. 中医国际学术交流及慈善方面贡献及成就

获得 2024 中医药针灸国际化贡献奖。成功举办过国际传统与现代生殖医学大会、世界针联“一带一路”中医药针灸风采行英国站、中医针灸“非遗”文化展、世界中医药青年发展论坛、世界中医针灸健康艺术节，连续两年主办曼城国际中医学术大会、世界中医药青年发展论坛，连续四年主办英国曼切斯特华人医务咨询中心慈善晚会，欧洲校友会联合会国际学术大会。先后三次在英国曼彻斯特主办中欧中医药合作与发展论坛等多个国际中医学术会议等。工作成功获得文化部、国家中医药管理局、中国驻曼切斯特总领事馆、英国剑桥市政厅、曼切斯特市政厅、世界中医药学会联合会、世界针灸学会联合会、世界整合医学联合会等多家政府机构与团体的肯定。

3. 中医行业标准方面贡献及成就

规范制定英文中药名标准，用拼音标准取缔旧有的拉丁文中药名体系，建立英文拼音重要名称体系，今已成为英国中药名称标准，获得在英不同母语（包括汉语）中医师的肯定，该体系已逐渐得到欧洲其他地区认可，并已在多国使用。

Personal Achievement

1. Contributions and Achievements in Overseas TCM Education and Cultural Promotion

Since 1991, has delivered lectures and promoted Traditional Chinese Medicine (TCM) across multiple countries including the United Kingdom, Ireland, Poland, the Netherlands, and Germany, enhancing the global influence of TCM. Nearly one thousand international TCM practitioners, as well as dozens of overseas master's and doctoral students in TCM, have been trained. Has been interviewed and reported on by major media outlets such as China Central Television (CCTV), People's Daily, Guangming Daily, China Youth Daily, People.cn, Guangming Online, European Times, Phoenix TV Europe, Canadian Fenghua News, and various regional Chinese television stations.

2. Contributions and Achievements in International Academic Exchange and Charity in TCM

Recipient of the 2024 International Contribution Award for the Globalization of TCM Acupuncture. Successfully organized a number of major international events, including the International Conference on Traditional and Modern Reproductive Medicine, the World Federation of Acupuncture-Moxibustion Societies (WFAS) "Belt and Road" TCM Acupuncture Tour – UK Stop, the TCM Acupuncture Intangible Cultural Heritage Exhibition, the World Youth Development Forum of TCM, and the World TCM Acupuncture Health Arts Festival. Hosted the Manchester International TCM Academic Conference and the World Youth Development Forum of TCM for two consecutive years, and organized the Manchester Chinese Medical Consultation Centre Charity Gala for four consecutive years. Also hosted the European Alumni Association Federation International Academic Conference and, on three occasions, organized the China–Europe Forum on TCM Cooperation and Development in Manchester, along with numerous other international academic conferences. These efforts have received recognition from various governmental bodies and organizations, including the Ministry of Culture of China, the National Administration of Traditional Chinese Medicine, the Chinese Consulate-General in Manchester, Cambridge City Council, Manchester City Council, the World Federation of Chinese Medicine Societies, the World Federation of Acupuncture-Moxibustion Societies, and the World Federation of Integrative Medicine.

3. Contributions and Achievements in TCM Industry Standards

Standardized the English nomenclature of Chinese herbal medicine by replacing the previous Latin-based naming system with a pinyin-based system. Established an English pinyin naming framework for Chinese medicinal substances, which has now become the standard for Chinese herbal names in the United Kingdom. This system has been widely recognized by TCM practitioners of diverse linguistic backgrounds (including native Chinese speakers) in the UK, is gradually gaining acceptance across Europe, and has already been adopted in multiple countries.